What you need to know about your cardiac catheterization

**Medication Considerations**

- If you are on Coumadin or Warfarin, please check with your doctor about stopping this 5 to 7 days prior to the procedure (see pre-cath testing instructions).

- If you are taking Aspirin or Plavix/Clopidogrel, please continue to take these medications.

**Diuretics/ (fluid pill) –** If you take one of the following, do not take it the morning of your procedure.

- Lasix/ Furosemide
- Lozol/ Indapamide
- Demadex/ Torsemide
- Zaroxolyn/ Metolazone
- Hydrochlorothiazide
- Aldactone/ Spironolactone
- Midamor/ Amiloride
- Edecrin/ Ethacrynic Acid

**Diabetic Patients:**

- If you take an **oral glucose-lowering drug, do not** take it the morning of the procedure.

- If you take **REGULAR Insulin, do not** take it the morning of the procedure.

- If you take **NPH Insulin**, take one-half your usual dose the morning of the procedure.

- If you take **Lantus Insulin**, take your usual does the evening before the procedure.

- The day before your procedure, a nurse from Falmouth Hospital will call you (usually after 2 PM) to go over your instructions and give you your check-in time.

- On the day of your procedure, you will report to the Faxon Center at Falmouth Hospital. Arrange to have a responsible adult bring you to the hospital, take you home from the hospital and **stay with you until the next day**. Your activity during this time is strictly limited.

- You will be unable to drive for 2 days following the procedure. You can anticipate being out of work for 1 to 2 days depending on your occupation.

- You may not have anything to eat or drink after midnight on the night prior to the procedure.

- Take your usual morning medications with a small glass of clear liquid, such as water or apple juice (see medication considerations).

- It is advisable to leave your jewelry and valuables at home.

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